

## **1 month visit**

This visit is important to review the vaccination schedule to protect your child against contagious diseases. Growth and development will also be assessed.

At this visit:

- Full physical exam
- Edinburgh Post-Partum Depression screening for mothers (and fathers)
- No vaccines at this visit
- Anticipatory guidance on topics including feeding, sleep, development and safety

[First Month: Physical Appearance and Growth](#)

[Developmental Milestones: 1 Month](#)

[Movement Milestones: Birth to 3 Months](#)