

12 months

The one year old visit is an exciting time, as your child may begin to talk and walk. Safety and baby-proofing your home is imperative. At this visit expect a finger or toe prick blood test to check your child's hemoglobin and lead level. Vaccines to protect against measles, mumps, rubella, chicken pox and hepatitis A will be given.

At this visit:

- Full physical exam
- Assessment of growth and development
- Monitoring of developmental milestones including beginning to talk and walk
- Anticipatory guidance on topics including feeding, sleep, development and safety
- Immunizations— Varicella, MMR, Hep A (Influenza, if indicated)
- Hemoglobin and lead screening

<https://www.cdc.gov/ncbddd/actearly/milestones/milestones-1yr.html>

<https://www.cdc.gov/ncbddd/actearly/milestones/photolibrary/1year.html>

https://www.cdc.gov/ncbddd/actearly/pdf/checklists/CDC_LTSAE-Checklists-with-Tips-1year-P.pdf