

4 months

Your child's 4 month visit will include a routine physical exam, an assessment of growth and development, anticipatory guidance with a focus on solid foods, and routine vaccines.

At this visit:

- Full physical exam
- Assessment of growth and development
- Monitoring of developmental milestones such as rolling over, grasping for toys, and laughing
- Anticipatory guidance on topics including feeding, sleep, development and safety
- Edinburgh Post-Partum Depression screen
- Immunizations—DTaP, IPV, HIB, Hep B, Pneumococcus

<https://www.cdc.gov/ncbddd/actearly/milestones/milestones-4mo.html>

<https://www.cdc.gov/ncbddd/actearly/milestones/photolibrary/4months.html>

[Cognitive Development: 4 to 7 Months](#)

<https://www.cdc.gov/ncbddd/actearly/pdf/checklists/CDC-LTSAE-Checklists-with-Tips-4month-P.pdf>