

## **6-12 years**

School aged children should be seen annually for a well child visit to receive a routine physical exam, assessment of growth and development and anticipatory guidance. At these visits we monitor your child's physical, emotional, social and academic development. In addition to their annual Flu vaccine, your child will receive vaccines at their 11 year old visit to protect them from Tetanus, Pertussis, Meningococcus and the Human Papilloma virus. Screening will include vision and blood pressure. School forms will be filled out at each of your child's well visits. Camp, scouting or sports forms should be brought in at this time for completion during the visit.

At this visit:

- Full physical examination
- Assessment of growth and development
- Anticipatory guidance on topics including diet, exercise and safety
- Vision, hearing and blood pressure screening yearly
- Routine lab work if indicated; spot urine test screen for diabetes and kidney function
- Immunizations—Tdap, Meningococcus and HPV at 11 year old visit, Men B at 16 years of age (Influenza vaccine if indicated)

<https://www.stanfordchildrens.org/en/topic/default?id=the-growing-child-school-age-6-to-12-years-90-P02278>

<https://www.chop.edu/conditions-diseases/growing-child-school-age-6-12-years>